DAMANI DIGITAL LEARNING

START HERE · PARENT & PROVIDER GUIDE

Play, Talk, Discover

Home & Child Care Edition

A full-year preschool curriculum

FOR FAMILIES · HOMESCHOOLS · CHILD CARE



Ages 3–5 · 36 weeks · 144 open-and-go lessons · 72 printables
Aligned to the Maryland Early Learning Standards and Maryland Pre-K Standards

How a Day Works

Each lesson has six short blocks. Do them in order, or move them around your day. Stop while your child is still having fun.

Block	Time	What happens	Maryland subjects
☀️ **Morning Circle**	5 min	Big idea, question of the week, weather, and new words in English and Spanish.	English, Social studies
🔤 **Letters & Sounds**	10 min	One letter a week: meet it, hunt for its sound, build and write it, play I Spy.	English
📚 **Story Time**	10 min	Read-aloud with questions, then retelling.	English
🔢 **Math**	10 min	Hands-on counting, shapes, patterns and measuring.	Mathematics
🔍 **Discover**	15 min	Science, social studies, art or building project.	Science, Social studies, Art
🤸 **Move & Feel**	5 min	Movement game, breathing or a feelings check.	Physical education, Health, Music

Short on time? The 25-minute day

Do Morning Circle, Letters & Sounds and Story Time. Fit Math and Discover into play later, like counting at snack time or a nature walk on the weekend.

A typical week

Monday to Thursday: one lesson a day.
Friday: Family Fun Friday, a playful review with the whole family.
Any day: the two printable pages.

Tips for success

- **Follow your child's lead.** If they love an activity, do it again. If they are tired, stop and try tomorrow.
- **Talk, talk, talk.** Describe what your child is doing and ask "What do you notice?" and "Why do you think so?"
- **Praise effort, not perfection.** Say "You worked hard on that!" instead of "Perfect!"
- **Read every day.** Story Time is the most important block. Library books are free.
- **Save their work.** Keep one or two pages a week in a folder. It becomes their portfolio.
- **Every language helps.** Talk, sing and read in the language your family knows best.

Our Names and Stories

Nuestros nombres e historias

Big idea: My name is part of my story.

Letter Mm | Number 2

Words of the week · Palabras

name *nombre*	**letter** *letra*
story *cuento*	**first** *primero*

📚 Read-alouds

- Chrysanthemum by Kevin Henkes
- Alma and How She Got Her Name by Juana Martinez-Neal

Any library book on this week's theme works too.

Week at a glance

	🔤 Letters & sounds	🔢 Math	🔍 Discover
Mon	Meet the letter	Meet number 2	Tell your child the story of their name
Tue	Sound hunt	Clap the parts of each family name	Make a name collage with stickers, buttons or cut-out maga
Wed	Build and write	Trace 2 on the number page	Interview a family member
Thu	I Spy	Sock match	Make a family name chart
Fri	**Family Fun Friday.** Each person tells the story of their own name at dinner.		

🧸 Little ones (ages 2–3)

Sing a song with your child's name in it and point to them.

🚀 Ready for more (age 5)

Write the first and last name. Find letters that are in both names.

Maryland standards this week

RF.PK.1.d | RF.PK.2.e | RL.PK.1 | RL.PK.3 | PK.CC.B.4 | PK.CC.B.5 | PK.MD.B.3 | SE.IB.2 | SL.PK.4 | W.PK.3

Plus daily movement, health, music and art. Full statements are in the Start Here guide.

🧺 Gather this week

Letter cards or paper and markers · play dough · crayons · the books above · household items named in the lessons. Print the 2 practice pages at the end of this week.

Monday

Day 1 · about 55 minutes · *short on time? Do Circle, Letters and Story (25 min).*

☀️ **Morning Circle** 5 min

Say the big idea: 'My name is part of my story.' Ask the question of the week: Who chose your name? Let's find out the story.

🔤 **Letters & Sounds** 10 min

Meet the letter. Show Mm. Say: 'This is capital M and lowercase m. M says /m/, like in moon.' Trace a giant M in the air, then on your child's back.

RF.PK.1.d RF.PK.2.e

📚 **Story Time** 10 min

Read Chrysanthemum by Kevin Henkes. First look at the cover. Ask: 'What do you think this book is about?'

RL.PK.1 RL.PK.3

🔢 **Math** 10 min

Meet number 2. Find pairs at home: 2 socks, 2 shoes, 2 ears, 2 mittens.

PK.CC.B.4 PK.CC.B.5

🔍 **Discover** 15 min

Tell your child the story of their name: who picked it and why. Draw a picture of the story.

SE.IB.2

🤸 **Move & Feel** 5 min

Name jumps: jump once for each clap in your name.

Tuesday

Day 2 · about 55 minutes · *short on time? Do Circle, Letters and Story (25 min).*

☀️ **Morning Circle** 5 min

Say the day, the date and the weather. Learn a new word: **name** (*nombre*) and **letter** (*letra*). Use them today.

🔤 **Letters & Sounds** 10 min

Sound hunt: gather things or pictures like moon, monkey, milk, mouse, plus 2 things that do NOT start with /m/. Ask: 'Does ___ start with /m/?' Make a 'yes' pile.

RF.PK.2.e RF.PK.1.d

📚 **Story Time** 10 min

Read Chrysanthemum by Kevin Henkes again. Stop and ask: 'Who is in this book? What is happening? How do you know?'

RL.PK.1 RL.PK.3

🔢 **Math** 10 min

Clap the parts of each family name. Which name has 2 claps?

PK.CC.B.5 PK.MD.B.3

🔍 **Discover** 15 min

Make a name collage with stickers, buttons or cut-out magazine letters.

SL.PK.4

🤸 **Move & Feel** 5 min

Freeze dance: when the music stops, say your name in a silly voice. Then check in: 'How does your body feel now?'

Name: _____

PRACTICE PAGE

Letter Mm

M says /m/

M

m

Trace the capital M

Trace the lowercase m

Now you write it!

Say each picture's name. Color the pictures that start with /m/.


moon


monkey


gift


milk


car

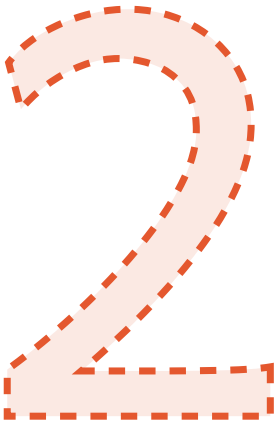

mouse

Name: _____

PRACTICE PAGE

Number 2

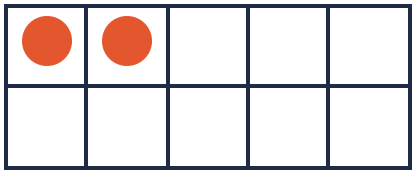
I can count 2.



two

dos

2 in a ten frame



Trace the number 2

Now you write it!

Count and color 2. Color only 2 of the pictures.



Show 2 with your fingers. Then draw 2 things you love.